

Make Good Health Your Reality

What do we do?



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Together, we offer a unique Health & Life Coaching package providing a variety of **Energy Therapies**, healing and guidance modalities specifically tailored to meet our clients needs.

This Leaflet provides a brief overview of the primary Therapies, Healing Modalities and Metaphysical Sciences that are available.

For further information visit us at
www.lizroe-french.co.uk
or call us on **01548 856 781**.

Why Energy Therapy?

If we could exist in a state of perfect balance we would all enjoy the benefits of good health and that would be truly wonderful.

However, the £'billions spent annually by the NHS suggests that for many of us abundant good health is difficult to achieve and maintain

Allopathic medicine seeks to assist us by prescribing chemical medications, usually pills, to help bring us back into balance. For many of us this is useful and effective but for some there is either no reaction or, for a few, an adverse reaction.

Energy therapy seeks to help us by the application of pure energy which can be 100 times more effective than chemical energy. For most of us it is helpful and effective, for some the process takes longer and for a few it is unsuitable. There are however no adverse reactions.

How does it work?

Every atom and molecule within our bodies is comprised of energy.

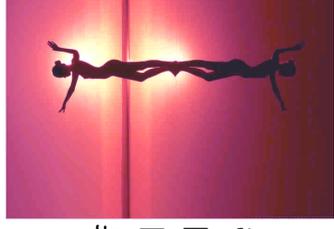
Thus, every structure within our body is also constructed from energy.

Trauma and stress that upsets or causes our bodily structures to become unbalanced can, over time cause our health to deteriorate.

Energy Therapy works by firstly identifying, then rebalancing those elements within our bodies and in certain cases our environment, that are out of balance.

How do we do this?

Our first job is to take careful note of our clients situation and needs. A programme is then designed which will address the immediate symptoms and at the same time seek out the underlying cause of the problem which is then addressed using various modalities intended to facilitate the outcomes our client seeks.



Our purpose built consulting room

What modalities are available?

We use a number of proven leading edge modalities including:



The e-Lybra®: A 21st Century Therapy System that restores balance through Bio-Resonance.

Clinical Hypnotherapy: A really potent tool for unlocking your inner world and encouraging self development.

Psych-k®: A system of personal change for those interested in taking charge of their lives.

Energy & Crystal Therapy: Uses a Combination of Hands on Healing & Programmed Crystals to assist the healing process.

Earth Energy & Geopathic Stress: Understanding how environmental energy and stress concentrations affect us.

Life Coaching: Getting it all together and living your "Best Life".

Who would benefit?

We have worked successfully with clients with conditions that include:- CFS/ME, Fibromyalgia, Pain of various types i.e. psychological, emotional and physical, IBS, Chronic/Acute infections, Lyme Disease, Parkinson's Disease, Motor Neurone Disease and a range of Cancers.

Do we get results?

Yes! When you see where you are; then become aware of where you wish to be and plot your course accordingly, the results are usually "dynamic":-

"Liz's guidance is clear and concise, cutting through to the nub of a matter with good sense and practical, workable solutions."

Judy Hall

"Liz is an excellent medium, astrologer and healer. Her insights are profound and extremely helpful. I believe that her pioneering healing work with the e-Lybra machine can start to bring people back to their true divine vibration and herald perfect health."

Diana Cooper

Liz and Kelvin Kellond

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