



*Hypnotherapy, Energy Therapy
Health & Life Coaching,
Psych-k, Astrology & more*

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Health & Life Coaching: Getting it all together and living your “Best Life”

I have combined my skills as a healer with Coaching so that I can be more effective. Coaching is supportive in bringing about change and I use it in combination with my other therapies.

Birth charts are about possibilities, your own ingredients; coaching helps you to find solutions through growing awareness and raising aspirations. It enables you to manage your own energies to your best advantage in a seamless way, Coaching is client orientated; the client is in charge and defines the work areas which need attention and with the application of some strategic processes you can be living your “Best Life”!

Astrology highlights where the search will be most fruitful and coaching will channel heightened self esteem and remove you from the traps of habitual and instinctive patterns. The motivation for change can be activated by enhancing the focus on balance and achieving goals. Coaching encourages us to optimise the cycles of growth highlighted by astrology.

I am sure you will be very satisfied with your consultation and will benefit greatly from my help and guidance. An initial, in depth consultation is normally two hours, followed by hourly consultations as needed.

Health & Life Coaching per Session	€135.00
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Hypnotherapy: Unlock your inner world and encourage Self Development.

Hypnotherapy sessions usually last two to three hours depending on the depth and number of issues covered. Recommended minimum is two to three sessions.

Hypnotherapy Consultation per Session	€135.00
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Energy Therapy

Energy Healing with the e-Lybra Bio-Resonance System (per session)	€110.00
e-Pendant and e-Pebble (used to facilitate remote e-Lybra sessions)	€55.00
Hands on Energy Therapy (per session)	€90.00

Astrological and Celestial

Personal Astrological Consultation with Hand Crafted and Framed Birth Chart plus CD	€180.00
Personal Astrological Consultation with Computer Generated and Framed Birth Chart plus CD	€145.00
Personal Celestial Guidance Consultation with CD recording (approx.30-40mins)	€100.00
Telephone Consultation (approx. 40mins)	€75.00

Consultation via E-mail	€75.00
Hand Crafted and Framed Birth Chart with written analysis.	€110.00
Computer Generated and Framed Birth Chart with written analysis	€75.00
Research to determine precise time of birth	€30.00
Set of Transits for one year with personal interpretation and guidance from Liz recorded on CD (Birth chart data required)	€90.00
Set of computer generated Transits for one year	€45.00
Relationship and Synastry Charts with personal interpretation and guidance from Liz recorded on CD	€110.00
Progression study, revealing Life Path and Soul Purpose work plus explanation and personal guidance from Liz (Birth chart data required)	€110.00

Numerology: The Science for Self Discovery

Employing a method handed down over the centuries the Pythagorean Birth Chart will reveal the patterns of our distinctive competences and address the best ways of playing the hand we have dealt.

Numerological Birthchart with written analysis and guidance including Ruling Number, Soul Inclination, Arrows of Individuality, Outer Expression, Karmic Lessons and Peak Years. €145.00

PSYCH-K®: A system of personal change for those intent on taking charge of their lives

Initial sessions are usually two hours which gives you the opportunity to work in depth so as to achieve the best results relating to the issues you wish to work with. You may choose to have from one to five sessions. After the initial session one hour session times are usually appropriate to work on remaining personal issues.

Psych-k consultation per session €135.00

Protecting your Property:

Transmuting the effects of Energy Grids & Geopathic Stress.

This can be undertaken remotely but in most cases a visit is recommended.

Please contact us for arrangements outside the UK

Packing and Postage €15.00